

# Make-Up Therapy for Patients With Facial Nerve Palsy

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**Objectives:** To investigate the effectiveness of make-up therapy for patients with facial nerve palsy.

**Methods:** Seven female patients with facial nerve palsy who received specialist make-up therapy were enrolled. The objective of the make-up therapy was to obtain a symmetrical facial appearance.

**Results:** Overall score for the Facial Clinimetric Evaluation (FaCE) scale was significantly improved after make-up therapy. There was a tendency for symptoms of depression to be improved among patients after make-up therapy.

**Conclusion:** Make-up therapy to improve the symmetry of facial appearance could afford a non-invasive and low-cost treatment for patients with facial nerve palsy, especially in terms of patient quality of life and psychological condition.